

Autonomous State Medical College, Sultanpur, Uttar Pradesh

TIME TABLE - FOUNDATION COURSE (MBBS BATCH 2025-26)

Requirements (Hrs)	Lunch	Orientation (15)	Skill (15)	Community Orientation and Field Visit (5)	Professional +Ethics (20)	Language/ Computer (10)	Sports +Extracurricular (15)	Pandemic (2)	
Date	Day	8:00- 10:00 AM	10:00- 11:00 AM	11:00- 12:00 AM	12:00- 1:00 PM	1:00 - 2:00 PM	2:00 - 3:00 PM	3:00 - 4:00 PM	4:00- 5:00 PM
September 22, 2025	Monday	FC1.5 Virtual tour to ASMC Sultanpur-Dr Surendra Yadav	FC1.1 Physicians role in the society FC1.2 Role of Indian Medical Graduate and Relation (1 to Social Impact-Dr Ranjay Kumar Singh	FC1.7 MBBS Curriculum and foundation course- Dr Suparna Dubey	Language-English FC 5.3 Demonstrate ability to communicate and learn in English -Dr Anita Maurya	Lunch	Sports-Dr Anshuman Singh & Dr Pratibha Tripathi		
September 23, 2025	Tuesday	FC1.8 Role of Physician at various levels of health care delivery-Dr Pawan Singh	FC1.3 Expectation of Student from Nation,Society,Institution ,Colleges and Peer-Dr Suparna Dubey	FC 2.8 Discuss the Immunization requirements of Health care professionals-Dr Anand Ranjan		Lunch	FC 4.2 Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work-Dr Manish (Micro)	Language Hindi FC 5.2 Demonstrate use of local language in patient and peer interactions -Dr Madhuri Singh	
September 24, 2025	Wednesday	FC 4.8 Understand the role of Yoga and meditation in personal health-Dr. Banley (Patho)	FC 4.9 Time Management- Dr Satil Kumar Srivastava	FC1.10 History of Medicine & Alternative systems- Dr R P Dwivedi	FC1.4 Rules & Regulations of Institution-Dr Priyank Verma	Lunch	FC 2.9 Demonstrate awareness of significance of documentation in patient care and the proper method of documentation-Dr A. K. Pukun	Sports-Dr Anshuman Singh & Dr Pratibha Tripathi	
September 25, 2025	Thursday	FC1.6 Future carrier opportunities post MBBS-Dr Anrita	FC1.8 Importance of nutrition-Dr Dharamraj (P)	FC1.8 Organ donation-Dr Surendra Yadav	FC2.5 Hand Wash & Sanitation (Role Play)-Dr Aparna (Micro)	Lunch	Computer FC 5.4 Demonstrate basic computer skills - Dr Payal Singh	Language-Hindi FC 5.1 Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond -Dr Madhuri Singh	
September 26, 2025	Friday	CM FC 3.3,3.4 & 3.5 Visit to CHC (All Faculty & JR - Community Department)			FC 2.7 Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations-Dr Manisa (Micro)	Lunch	Sports-Dr Anshuman Singh & Dr Pratibha Tripathi		
September 27, 2025	Saturday	FC 4.3 Discuss the value, honesty and respect during interaction with peers, seniors, faculty, other health care workers and patients-Dr R K Tiwari	FC 4.4 Discuss the significance of working in a health care team-Dr Saurabh Jaiswal	Language-English FC 5.3 Demonstrate ability to communicate and learn in English -Dr Anita Maurya		Lunch	Sports-Dr Anshuman Singh & Dr Pratibha Tripathi		
September 28, 2025	Sunday	HOLIDAY							

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September 29, 2025	Monday	FC 4.5 Discuss disability competencies-Dr Manish Kumar (Mero)	CM FC 3.1 Demonstrate understanding of the National Health Goals and Policies -Dr Anand Ranjan	FC 2.2 Perform First Aid in a simulated environment-Dr Anil Jain	FC 4.6 Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values - Dr Indran Gaudin (Madeline)	Lunch	FC 4.7 Discuss the significance and methods of stress management and risk taking behavior-Dr Surender Yadav	FC 2.3 Follow bio-safety and universal precautions-Dr Rajeev Kumar	Language Hindi FC 5.2 Demonstrate use of local language in patient and peer interactions-Dr Madhuri Singh
September 30, 2025	Tuesday	FC 4.1 Demonstrate understanding of the concept of Professionalism and ethics among health care professionals and discuss the consequences of unprofessional and unethical behavior-Dr Sabhat Hasan	FC 3.6 Demonstrate ability to obtain patient experiences through patient and family interactions and relate these experiences to impact of environment and diseases - Dr Fouliisa	FC 4.10 Demonstrate understanding of importance of interpersonal relationship while working in a health care team-Dr Sandeep Kumar Baranwal	FC 4.11 Understand the role of matching-Dr Manoj Kumar	Lunch	FC 2.1 Perform Basic Life support in skills lab- Dr Mohd Nadeem Khan		Language-English FC 5.3 Demonstrate ability to communicate and learn in English -Dr Anila Maurya
October 01, 2025	Wednesday	HOLIDAY							
October 02, 2025	Thursday	HOLIDAY							
October 03, 2025	Friday	FC 4.12 Demonstrate understanding of the process of group learning and group dynamics-Dr Amber Kesarwani	Computer FC 5.4 Demonstrate basic computer skills - Dr Payal Singh	4.13 Comprehend the learning pedagogy and its role in learning skills- Dr Ram Prakash Dwivedi	Computer FC 5.6 Demonstrate ability for accessing online resources-Dr Payal Singh	Lunch	FC 2.4 Demonstrate handling and safe disposal of Biohazardous materials in a simulated environment-Dr Saumya Singh	Sports-Dr Anshuman Singh & Dr Pratibha Tripathi	
October 04, 2025	Saturday	FC 2.6 Demonstrate proper hand washing and use of personal protective equipment-Dr Alishah Kumar Yadav	FC 4.14 Demonstrate understanding of different methods of self-directed learning-Dr Pradeep Kumar Verma	FC 4.15 Understand collaborative learning-Dr Swati Rai	FC 2.7 Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations-Dr Saumya Singh	Lunch	Sports-Dr Anshuman Singh & Dr Pratibha Tripathi		
October 05, 2025	Sunday	HOLIDAY							
October 06, 2025	Monday	FC 3.2 Discuss the national health scenario, demographic, socio-cultural and epidemiological issues - Dr Rajeev Kumar	FC 2.4 History of Pandemic management & Concepts of bioterrorism and infection control programme -Dr Manish Singh	FC 2.6 Demonstrate appropriate response to needle stick injuries-Dr Dharmraj Maurya		Lunch	Sports-Dr Anshuman Singh & Dr Pratibha Tripathi		
October 07, 2025	Tuesday	FC1.5 Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of the institution. Visit to departments of Anatomy, Biochemistry, Physiology, Community Medicine- Tutors					Lunch	Sports-Dr Anshuman Singh & Dr Pratibha Tripathi	
October 09, 2025	Thursday	FC1.5 Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of the institution-All Faculty							